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Edition 4: September 2019

HORIZON NEWS

Russ' Blog



Welcome to the Summer edition of the Horizon Healthcare Homes Newsletter. How time is flying – it doesn't seem two minutes since we published the Spring Newsletter. We have again collated just a few of the fantastic events and achievements which have occurred in each of the homes over the last few months. It is amazing to share these with everyone and as ever, I hope everyone who reads this is able to reflect and feel pride in the parts that they have played in making these stories possible, and that by reading other people's stories, this inspires people to continue to build upon our successes.

Roger, Shona and I attended each of the homes summer events, which were all unique and again massively successful. It really is a pleasure to join in with the fun and catch up with everyone.

I want to say a big congratulations to Becksides Lodge for achieving their second Outstanding rating from their recent CQC inspection. This really is a fabulous achievement and one that I hope we are able to replicate in the other homes.

We are certainly making great progress with the improvements that will help us to achieve the best outcomes for people as well as the wider business. A big thank you to everyone for the hard work that is done every day to help us achieve the fantastic outcomes for the people that we support and to continually improve what we do.

Best wishes to all
Russ Leese



'Picture of Success'

People Supported and staff proudly celebrate on the steps of their 'outstanding' home! Picture is courtesy of the 'Telegraph and Argus' newspaper who published the story of Becksides's success in their 17th July edition.



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Headline News

- See our 'Family Day's 2019' special - photo's of the events which took place at our homes in July.

Russell on the Road



When Kirsty, the Manager at Ferndale Lodge, asked Russell what he wanted his next achievement to be, little did she expect him to say 'Learn to drive!'

So, full of determination to achieve his goal, Russell went to the post office himself and came back with the correct forms to send off for his provisional licence.

And, on 6th June (supported in the car by a staff member) Russell could be seen driving past Ferndale Lodge with an enormous grin on his face as he took his first lesson.

Kirsty commented 'I saw him drive past Ferndale a few times and worried about his speed. He was nervous before the lesson but to see his face after was priceless! This is what Goals are for - to make memories, feel a sense of achievement and most of all to smile!'

And it didn't stop there - encouraged by positive feedback from the instructor, Russell has now had more lessons and feels confident enough to go by himself.

Music is in the air... at Cranmer Court



Craig and Josh took Ben to watch David 'DJ' at the Meanwood Festival - they all had a great time together!

Akville enjoys her music therapy sessions run by Nordoff Robbins.

Chris and Jeanette went to the Reggae festival in Bradford - Jeanette was dancing on the stage!

...and Birthdays too!

Happy Birthday to David who celebrated his first birthday since moving to Cranmer Court by hosting a DJ session in the lounge, going out for lunch and then enjoying a takeaway with his new housemates.



Olga's 'Ukrainian' Day



One weekend in June, the staff at Becksie Court took it upon themselves to do something different! Mavis, Simon, Sian, Amanda and Pat decided to have an Ukrainian themed day especially for Olga, who is of Ukrainian heritage and lives at the home. The staff made stuffed cabbage leaves with rice and mince, savoury dumplings and fruity pancakes all made from scratch. They even decorated the kitchen with Ukrainian flags. Olga loved it - she was dancing to Ukrainian music but Simon and Mavis' singing got a definite 'thumbs down'.



21 today!

Massive congratulations to Alice at Fixby Lodge as she turned 21 recently. Alice celebrated in style by having a princess themed party at Fixby Lodge with all of her friends and family.

Recycling Ferndale



Over the last couple of months, the staff and people who live at Ferndale Lodge have been trying to reduce the amount of waste going to landfill. Lots of media attention has been given to waste and recycling and

Ferndale Lodge were determined to 'do their bit'.

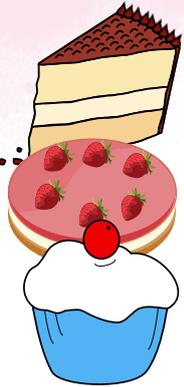
Discovering that Kirklees Council currently have no provision for recycling commercial waste did not stop Lewis (who has championed and driven the initiative), or Tony (who used contacts from his previous employment to gain access to a recycling centre) and the rest of the team from recycling around 6 bags of plastic bottles, cans, paper, cardboard and glass jars which would ordinarily have been incinerated or taken to landfill. Ferndale Lodge would like to thank Lewis, Tony and all their supporters for all they are doing to make this possible.

Fundraising at Fixby



Chloe and Emma successfully completed the Race for Life, for the 4th year running with the help of Emma's mum, Jayne. They managed to raise £68 for the charity - Wow! Well done girls, get training for next year to beat this years time.

With Chloe's dedication to raising money for charity and with it being Dementia week, (which holds a special place in Fixby Lodge's heart), Chloe hosted a coffee and cake morning following a 3 day baking extravaganza! Friends from other Horizon homes came and Chloe managed to raise £58. Well done Chloe - she is already thinking of her next fundraising venture !



Learning Disability Week



Bowling Challenge!

For learning disability week, Fixby Lodge hosted a bowling championship at UK Superbowl for everyone within Horizon. This was great fun and all who took part really enjoyed themselves. But sorry guys, team Fixby Lodge took home the trophy – better look next time!



Picnic in the park

People supported from Langley and Fixby Lodge, came together for a 'picnic in the park' at Greenhead Park, Huddersfield as part of their events for Learning Disability Week.



AWARDS FOR DOMINIC AND PAUL

A massive welcome to Dominic who moved into Fixby Lodge in June.

He has already made a best friend in Paul . He has impressed us so much with his positive attitude to life and his

beautiful smile that the manager, Mandi, nominated him for an 'Outstanding Achievement' award at Holly Bank alongside his best friend Paul - Paul was nominated for his amazing number skills.

Well done lads in bringing home two trophies to Fixby Lodge for being absolutely outstanding !!



Our Values

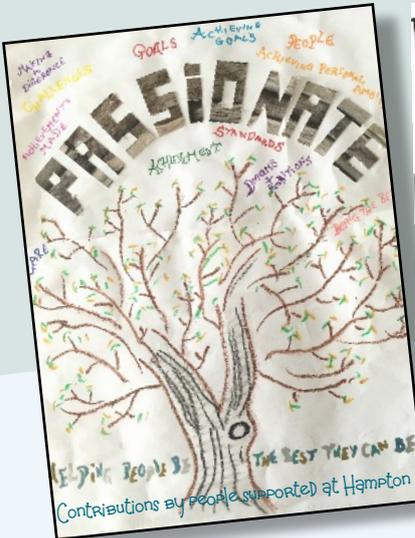
I am very pleased to announce that after asking our staff to identify the words and behaviours which best describe the culture of Horizon, we are now ready to launch our new Values. Our staff told us what it means to work in our homes and came up with the following four words to best describe our core values;

PASSIONATE

CARING

ACHIEVING

HOMELY



Additionally, we asked our staff to produce some descriptions for each Value to make sure we are all clear on what these words mean in the context of our services. As you can see, we have some wonderful 'Values posters' which were designed with the help of the people we support.

These will be on display in each service in the next few weeks so watch this space! These four words – our new Values – underpin everything we do and how we do it, therefore we will proudly be telling the world about these in due course. These values form the basis of our new mission statement which is; *'Horizon Healthcare Homes; Passionate about achieving high quality care in a homely environment'*. These new Values will also form the basis of our recruitment strategy and appraisal process in the future; helping to ensure that each and every one of us is living and breathing these daily.

I'd like to take the opportunity to thank each and every person who contributed to helping shape our new Values by sharing their thoughts and opinions. I was overwhelmed by their enthusiasm and this in itself is evidence of how fitting these Values are for Horizon! *Kath Howitt, Training Coordinator*

Star of the Week!



Windsor Court would like to say a big 'Well done' to Paul who achieved man of the year and slimmer of the week at slimming world recently. We are all so happy for him; and Paul says, 'Yes Paul'



Jeff and Paul love the beetles!! Recently the show came to the Alhambra and, as a surprise, Heidi and Sharon took them to go watch!! They danced and sung the night away!! Jeffrey has been

singing yellow submarine since the show and asked for his bedroom to be decorated in... 'BEETLES' so we know what his next hope and dream is already. It will be a treasured memory for them both.

BEETLEMANIA