

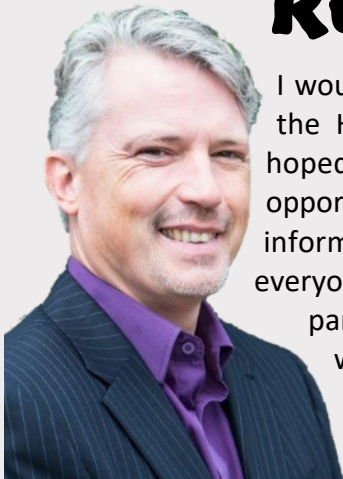
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Edition 1: July 2018

# HORIZON NEWS

## Russ' Blog



I would like to welcome you to our first edition of the Horizon Healthcare Homes Newsletter. It is hoped that the Newsletter will provide an opportunity to share good news stories and other information from across the company so that everyone can get to know what is happening in other parts of the organisation as well as the home within which you might live or work. It is important therefore that when you have achieved something, or supported someone to achieve something – no matter how small

this might seem – that you share your experience so that we can all celebrate your success and hopefully learn from this so that others might benefit, or choose to do something similar.

Having been with the company now for 7 months (how time flies), I have met some fantastic people, including people who live in our services, individual staff and family members. I apologise if I have not yet managed to meet everyone in person, but hopefully over the next months I will do so. What I have observed so far is fantastic and some of the care and support demonstrated by the staff teams is absolutely second to none. Some of the achievements made by individuals we support is nothing short of outstanding. I feel therefore that I have joined the company at a really exciting and positive time and feel privileged to be able to support you all in taking Horizon Healthcare Homes forward into the future.

Thank you to everyone who has made me feel very welcome during my first few months and for everyone's ongoing support in making Horizon Healthcare Homes a very special place to live and to work. This first edition contains some examples of the positive news stories that we have received and people have been happy to share. Please keep letting us know about any other news so that we can publish this in the next edition in the early autumn?

Best wishes to all

*Russ Leese*

## What's in this edition

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## Headline News

- Windsor Court First Inspection - we are now eagerly awaiting the report and rating!
- New people moving into Fixby Lodge and Windsor Court - more on this in next issue.
- The 'Jeremy Kyle' experience! - Look for the pictures and full action packed story from Hampton House in Issue 2.
- 'Grown Your Own' vegetables at Ferndale Lodge - with help from the Soil Association.
- 'Team Fixby'- Race for Life. Photo's and full story in next issue.



Kathryn talks about 'Beat It'

Staff Induction Day Introduced

# It's the best thing ever!

Says Kathryn Withington who lives at Becksidge Lodge, Bradford.

Kathryn has been going to the Halifax 'Beat It' music sessions for 9 months where she has the opportunity to play the drums, keyboard and guitar.

*'I really enjoy it, it is the best thing ever. I am more confident in myself. I will be recording my songs I have written onto CD this month. I am very excited and very happy and I am going to be a pop star.'*

She has recently recorded her own song in a recording studio in Leeds where the Kaiser Chiefs were practising next door!

'Beat It' music, dance and drama sessions, designed for people with disabilities and mental health conditions, are held on a weekly basis.

With the wide variety of instruments available, anyone can take part!



For more information about 'Beat It' visit their website [www.imagineer.org.uk](http://www.imagineer.org.uk)

## 'WELCOME TO HORIZON'

### INDUCTION TRAINING FOR NEW STAFF



We have recently introduced a new induction program for new staff when joining the company, to enhance the knowledge that staff acquire as early in their employment as possible so that this can be transferred to the care of the people we support. The induction program includes: safeguarding, learning disability, person

centred support, positive behaviour support and moving and handling.

We ran our first session at the end of April and this was a great success with really positive feedback from those staff that attended. Not only was this a great opportunity to acquire the knowledge through training, but also a great opportunity to

meet other people at a similar stage in their employment from other services.

The staff who attended stated that it made them feel welcome and valued, as well as providing an insight into the passion that we have has an organisation to provide the best support possible.

## Mencap Award

Emma has been entered for an Outstanding Achievement Award with Mencap for her 'outstanding' communication skills.

Emma Askew, who lives at Fixby Lodge, communicates using her own adapted Makaton which she has passed on to the staff team in order for them to communicate with her effectively. Not only has she been patient with the staff while they have been learning but a great teacher too.

Emma attended the awards ceremony on the 21<sup>st</sup> June.



## Ferndale Go Royal!



We had a day of celebration at Ferndale, watching the Royal Wedding and creating our very own red, white and blue trifles. 'We all think the Princess looked beautiful'.

Everybody said they had an amazing day, and enjoyed toasting the married couple with a little fizz!

'Thank you to all for the hard work to make it such a good day'said Manager, Kirsty Sweet.



## When The Inspector Calls!

April was a busy month for Fixby Lodge and Ferndale Lodge as they had visits from CQC Inspectors. We now have the reports back for both and the ratings are good overall. The Inspectors also visited Windsor Court in June, Shannen Hornby and the rest of her team are still eagerly awaiting the results.

*'When my inspector came she quickly calmed me down as I was very nervous – as expected' says Mandi Gallagher, Registered Manager at Fixby Lodge.*

*'The Inspector had a plan for the day which she went through at the start of the process so we kind of had an idea what she was going to be looking at. We also had a list of the all the great stuff we were doing which helped a lot.'*

*'She chose a few members of staff to speak to and spoke to them for about an hour each.' The inspectors also like to spend time with the people supported doing observations and speaking with them. 'She asked if the people supported would speak to her and she sat down and just spoke to them where they were, which was in the kitchen at the time.'*

*'The whole process was nerve racking but great at the same time - all the staff were fantastic'.*

# Flying High!



Flying in a Helicopter is something that Charles, who lives at Hampton House has wanted to do for a long time. So Sunday, 20<sup>th</sup> May, that's exactly what he did - supported by 2 carers and his brother, Humphrey, who he had asked to go in the Helicopter with him.

He absolutely loved the 20 minute flight around Huddersfield

and said that he would like to do it again! The day was finished off by a celebratory drink and lunch at the local pub. Charles received a certificate to acknowledge his adventure which will be framed and mounted on his wall. Charles said 'I had a fantastic time. Thank you.' Humphrey also added, 'Thank you to all the staff from Hampton House for arranging for Charles to realise a lifelong ambition'

## Beckside Lodge have combined their gifts and talents and are setting up a Social Enterprise!

'We are hoping to use our mosaic making skills to produce crafts to sell' says home manager Michelle Schofield.

'We are interested in delivering workshops at other homes and people joining our social enterprise to combine other gifts and talents. This may be pottery, mosaic making, homemade cards and other arts and crafts.'

'We are making coasters and teapot stands, jewellery boxes, door numbers and name plates, candle holders, table top designs and mirrors.

If you are interested in joining the social enterprise or would like more information about placing an order, please contact Michelle for further information.

# BreakFast at Cranmer!



If you've been to Cranmer Court , you may have been treated to breakfast prepared by Ben who lives at the home.

Ben's long term goal is to have a job and learn to manage money so the staff, along with Ben, have been organising activities and jobs within the home such as cooking and gardening to give him an idea of what having a job is like.

Ben and the staff decided together to put on a full breakfast and wrote a list of what was needed. The staff accompanied Ben to Sainsbury's where he collected the

ingredients and ticked them off his list before coming back to prepare the meal for his friends at Cranmer Court.

Leanne, Deputy Manager at Cranmer Court commented 'He loved it and I must say, I did too!' Ben is planning to invite guests from other Horizon Homes in the near future.

