



**HORIZON**  
HEALTHCARE  
Homes Limited

**Edition 10**

**November 2022**

### Latest Covid Update

Visitors are always welcome in our homes, masks must be worn as Covid 19 still presents a threat to vulnerable people and we still have to be cautious, so please be mindful and do not visit the home if you have any symptoms and always test before hand if you do show any symptoms.



# Horizon News



PLEASE NOTE: Consent has been given for all news items, names and photographs used in this edition of Horizon News



Hello all and welcome to our latest Newsletter.

Summer seems like a long time ago, but we were able to enjoy a prolonged period of warm weather, though of course it was quite worryingly hot on some days. The homes managed fantastically though and despite the challenges of the heat wave everyone was able to enjoy activities in the outdoors, doing things that we have all missed for the last couple of years because of the pandemic. This edition of the Newsletter captures just a few of these events and some of the celebrations for Halloween, which is a big favourite for many.

Of course, there are further challenges ahead, with winter approaching and the cost of living crisis which is impacting everyone. As always though, we are well prepared and hopefully the impact to the people we support, our staff teams, and anyone reading this newsletter will be minimal. We have circulated lots of information to support individuals over the winter months, and will happily share this with others. If anyone would like any information that might help, then please do ask the relevant home manager and we will try to provide you with some helpful information.

We are massively looking forward to Christmas and hoping that everyone is able to join us for Horizon Healthcare Homes Christmas celebration at the Cedar Court Hotel (Bradford) on the 3<sup>rd</sup> December. It will be fabulous to have everyone gathered in one place again and to have a great time.

My colleagues and I look forward to seeing you then.

Russ Leese

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## Training and Development.

We have much to celebrate as we move towards the end of 2022 and training is an area that shouldn't go unmentioned. We have worked incredibly hard to catch up with our face to face delivery after the restrictions that were previously in place were lifted. As a result, we have solid and stable compliance across all areas. But work is now underway to develop the 2023 workforce development plan and we have lots of exciting new projects in progress. I am delighted to say that next year we will also be offering some additional optional developmental training workshops for our Managers and our Deputy Managers.



Another area that we have focused on over the last year is welfare and we have a small team of volunteers who run awareness campaigns each month. In addition to this we have a number of Mental Health First Aiders in place across our homes and we have just introduced two new LGBTQ+ champions.



Thank you to everyone who has volunteered their time to be involved in this and I'm looking forward to seeing it go from strength to strength in 2023.

Kathryn Howitt, Learning and Development Manager.

### Just in case

If you enjoy reading this edition of our newsletter and would like to find out more please visit our Twitter page or You Tube channel so you can see what is happening in all of the homes. Both can be accessed through our website [www.horizoncareservices.co.uk](http://www.horizoncareservices.co.uk)





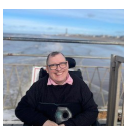
## Summer Parties were held at Becksidge Lodge and Fixby Lodge

Becksidge Lodge hosted "Beck fest" on Friday 26th August, inviting the other services to attend, to join in the party themed fun with music and food; even candy floss was available! Fixby Lodge held an Abba Fixby Festival on the 6<sup>th</sup> August. All services were invited to take the People Supported along to participate in the fun. People supported and staff were able to enjoy a sing along and a boogie. Mandi encouraged all attendees to make sure they had their dancing shoes on and voices fully tuned. They could even dress as ABBA if they wanted to! All the people who attended had a lovely afternoon at both events, enjoying themselves thoroughly, spending time with friends and family, having food and being entertained in the sunshine.

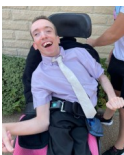
*We can tell by the photos how many smiles and happy faces were seen at the events. Horizon staff and People Supported definitely know how to have fun and enjoy themselves.*



### Fixby Lodge have been busy over the last few months with various activities the PWS have been involved in.



Paul Bowness celebrated his birthday with a trip to the seaside at Blackpool. He enjoyed fish and chips on the seafront before going home to have a big party with all his friends at Fixby.



Chloe Johnson's very proud to show you her very own home grown potatoes and tomatoes. Chloe grew these from scratch, taking daily care of them. They have been eaten for tea and were extremely yummy



Dominic Gorman got all dressed up to go to his brothers wedding. You scrub up well Dom!



Late summer Fixby held a family BBQ enjoyed by everyone. Bring on next Summer!



An awards ceremony was held for the PWS for all of their achievements over the last year. Here is Dominic showing off his certificate for his Can do Goal. Well done Dominic !!

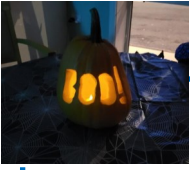
### Windsor Court have enjoyed themselves on visiting different places.

The PWS have been to see the lights in Blackpool; visit Coronation Street's famous Rovers Return and staying more local by visiting Tong Garden Centre.

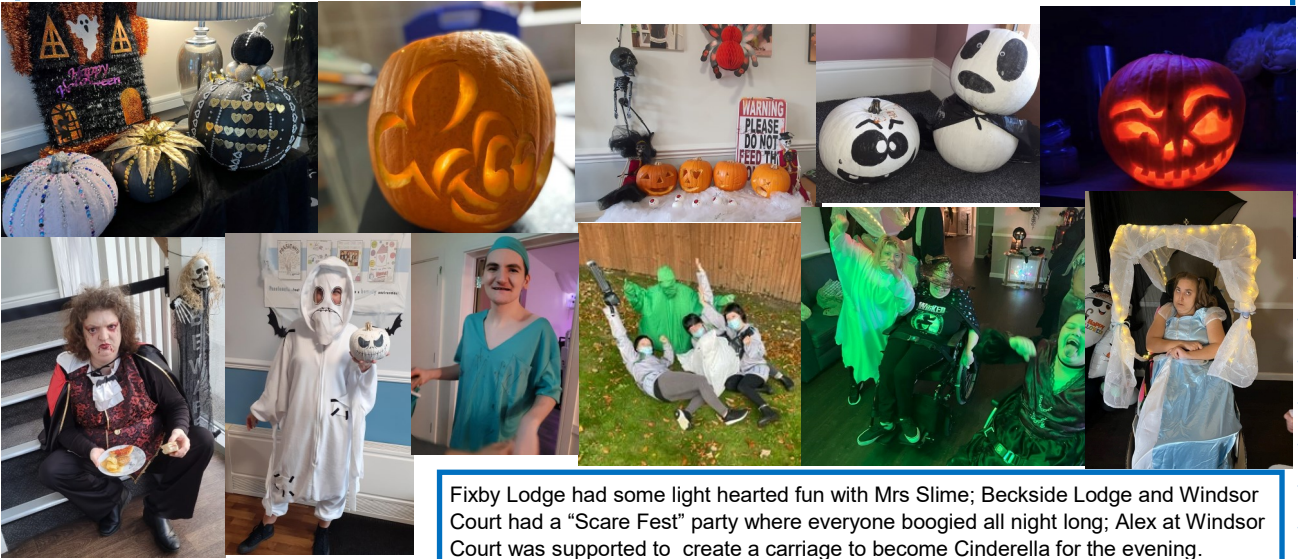




## Horizon Homes Pumpkin and Fancy Dress Competition 2022

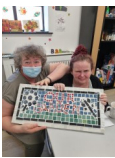


As part of the Halloween celebrations, our homes from across the company held a pumpkin competition. Lots of fun was had in preparing the pumpkins - judging that took place on Monday 31st October. The People Supported also took part in a Fancy Dress competition to see who was the best dressed for the event. Everyone was very competitive. The costumes were judged on 1st November. The photos below evidence a few of the achievements of those involved. The winners for the Pumpkin Competition, were Windsor Court with their beautifully decorated "Welcome to Windsor" pumpkins and runner up went to Becksidge Lodge for their carved pumpkin. The Fancy Dress competition was won by Rachael at Hampton House, who looked very scary but also very comfortable in her outfit. Runner up went to the Langley Lodge Ghost and matching pumpkin. *The pictures below show the winners and runners up and some of the other entries.*



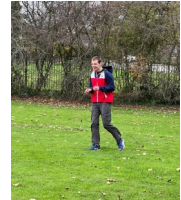
Fixby Lodge had some light hearted fun with Mrs Slime; Becksidge Lodge and Windsor Court had a "Scare Fest" party where everyone boogied all night long; Alex at Windsor Court was supported to create a carriage to become Cinderella for the evening.

### Crafty Starz News

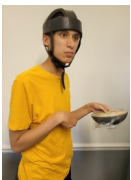


Jane from Becksidge Lodge has been busy over the last few weeks, when visiting the Day Service, making a plaque for Lynn (our Office Administrator) to hang in her garden. Jane handed it over to Lynn who was thrilled with the end result and is looking forward to displaying it in her garden.

The team at Roxburgh Lodge have been looking for a safe, large outdoor space to enable Thomas to have a safe space in which to run freely. They achieved this and you can see by the pleasure and smile on Thomas' face that it was well worth the effort.



### Great News from Hampton House



Everyone was thrilled to receive the news that after 4 rounds of treatment Billy has beaten cancer. When Billy is well he can "eat for England" They are now planning a HUGE birthday party for him to celebrate.

### Pebble Trail—Horizon getting together with their local community



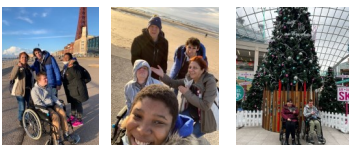
Langley Lodge and Fixby Lodge teamed up in September and put together a "pebble trail" for the local children in the area. The trail started at Langley Lodge and went all the way up to Fixby Lodge; the People Supported decorated the pebbles and placed them in certain places along the route as well as displaying the information posters.



### Ferndale Lodge went to Whitby

A group of PWS enjoyed a day out in Whitby, they had fun on a boat ride organized by a company called "Wet Wheels". It was a fantastic day which was enhanced by the September weather being sunny and warm.

Cranmer Court took some PWS to Blackpool to see the lights and shopping at Trinity Leeds. A good time was had by all.



## Horizon moves into the digital age of Support Planning

As you may already be aware we are undergoing a very exciting development throughout all of the homes; the introduction of Digital Support Planning.

After some considerable research and consultation with colleagues in other organisations who use various digital systems, we are delighted to announce that we have chosen a great organisation called Nourish. The senior management team have all recently completed the Train the Trainer programme so that they are ready to begin the implementation process.

Staff will be trained and start using Nourish, initially alongside our paper based records, over the coming weeks. This change comes as a part of our continuous drive to improve the quality of service delivery across all of our homes and ties in with our Business Development Plan. It also ties in with the Department for Health and Social Care's target of having 80% of Social Care providers using integrated digital platforms by March 2024

The benefits of digital support planning are:

- It will free up time for our employees to spend more time with the people we support
- It will make it quicker and easier for our employees to record the great care and support they provide
- It will reduce a lot of repetitive paperwork, allowing us to concentrate on the things that are important in delivering personalised care and support

It enables us to evidence the great support that is delivered everyday and ensures that we are credited with this from external inspection bodies. It will bring a positive impact for our employees, the People We Support, their loved ones, our commissioners and other stakeholders.

If you visit any of the homes during the roll out of Nourish, you might notice some key changes to the way we are delivering support. Our employees will be using mobile devices to record the support they are giving, either by typing on or speaking into the device. They may even use the devices to take pictures when appropriate, to provide a richer account of a person's day.



If you want any further information on this change, or would like to provide your thoughts, please get in touch with the Registered Manager of the home. If you would like to research this new platform independently, there are lots of resources online, just search for "Nourish Care Planning".



## Congratulations Staff news across Horizon Homes

At Hampton House Brigita Bullock, Support Worker, has been nominated by her colleagues for Employee of the Quarter. She has been instrumental in developing and implementing Can do Goals. Jemma has recently achieved her Can do Goal of feeding herself. This was something that she has never done in the 12 years she has lived at Hampton! Brigita has pushed and driven this and has achieved an amazing outcome for Jemma. We are extremely proud of her!



Amanda Breakwell, a Support Worker at Beckside Lodge, was one of the Horizon Healthcare Homes staff who received their five year service award recently. The letter, that she was given along with a gift to show appreciation, stated the following comments

*"Your commitment to the people that you support at Beckside Lodge is fabulous. It is recognised that you are a reliable, hardworking staff member who always goes above and beyond for the people supported. It is noted that you are a jolly individual who is good fun and always in a good mood, which is passed on to other members of the team and the people supported."*

Other staff members to receive the 5 Year Service award were Kirsty McQuitty, Max Moyo, Germaine Watson, Kevin Richardson and Sharon Moore. Congratulations to you all.

Sadly, during October Leandrah Solani left her role as Activities Coordinator at the Day Service to follow a new career path, she was thanked for all her hard work and everyone wished her well in the future.

In her place, following an internal and external recruitment drive, Leona Barrett, a Support Worker from Ferndale Lodge was successful and took over the role from the 7th November. She is already looking forward to completing lots of Christmas activities with the People We Support and creating some lovely displays in the Day Service.

